

The Practical Fundamentals of Musculoskeletal Ultrasound

Evaluation of Basic Anatomy for Shoulder



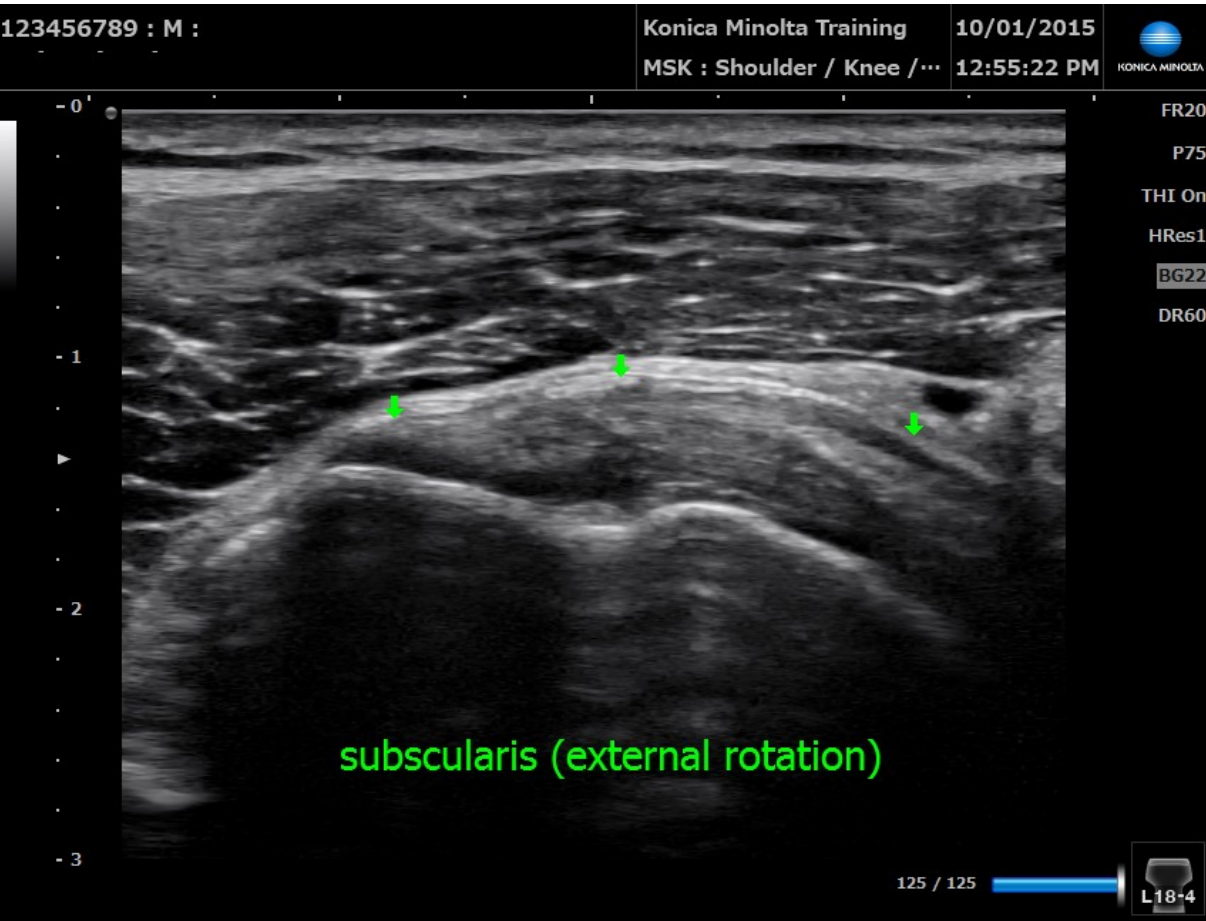
Biceps brachii tendon (long head) start at the level of bicipital groove



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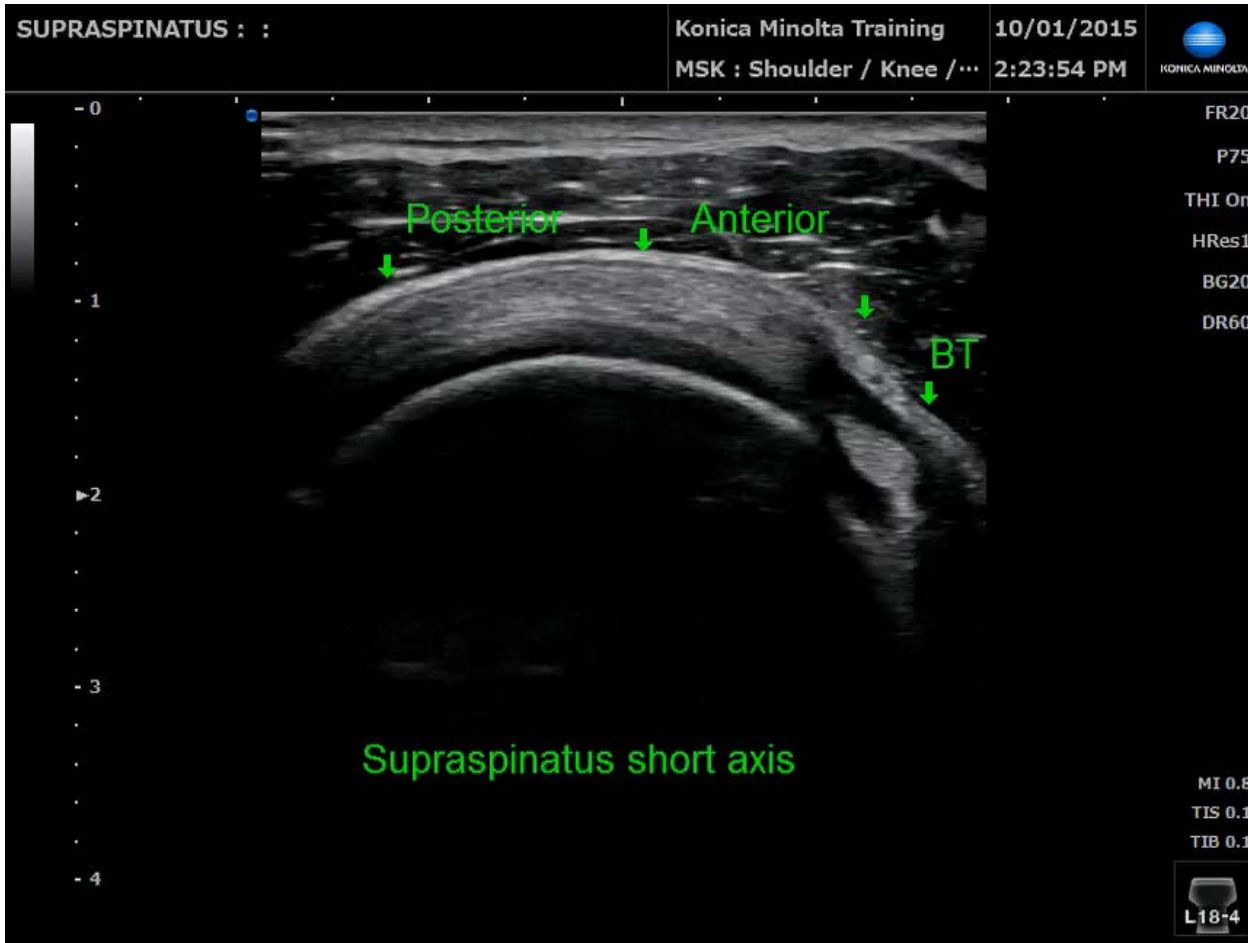


Subscapularis Tendon (long axis) normal echogenic or hyperechoic fibrillar tendon

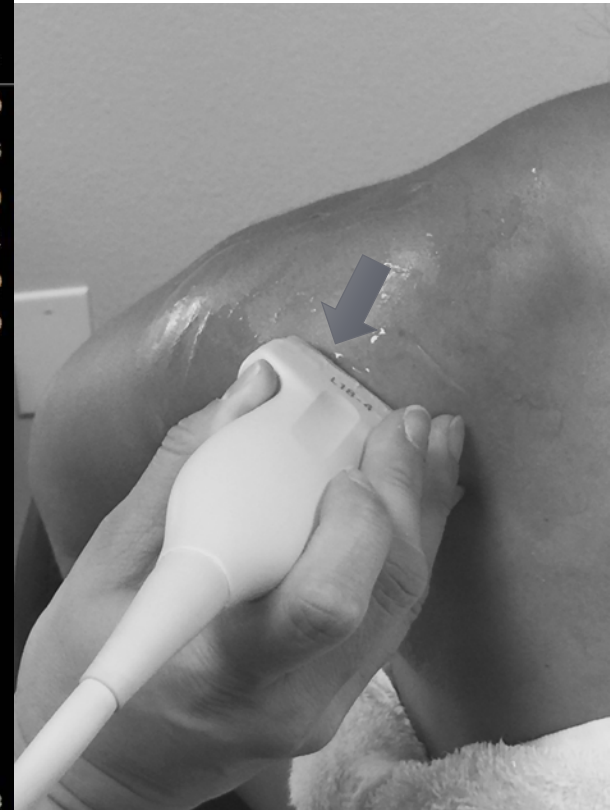
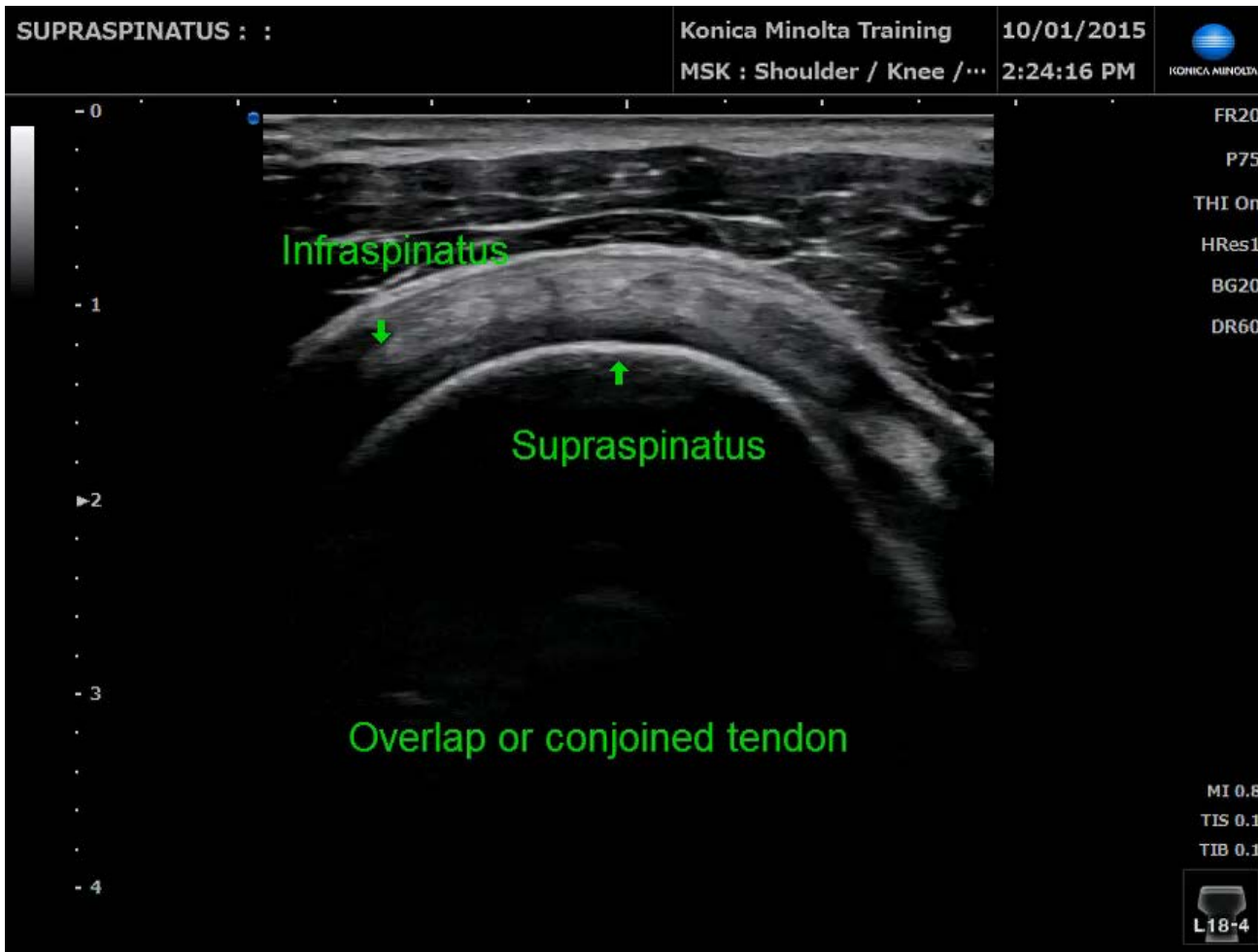


Supraspinatus tendon (short axis)

*Scanning distally from the CAL to the level of
Humeral head articular surface*



Supraspinatus tendon
(short axis) rock the transducer and scan lateral
to the overlap of infra-supra



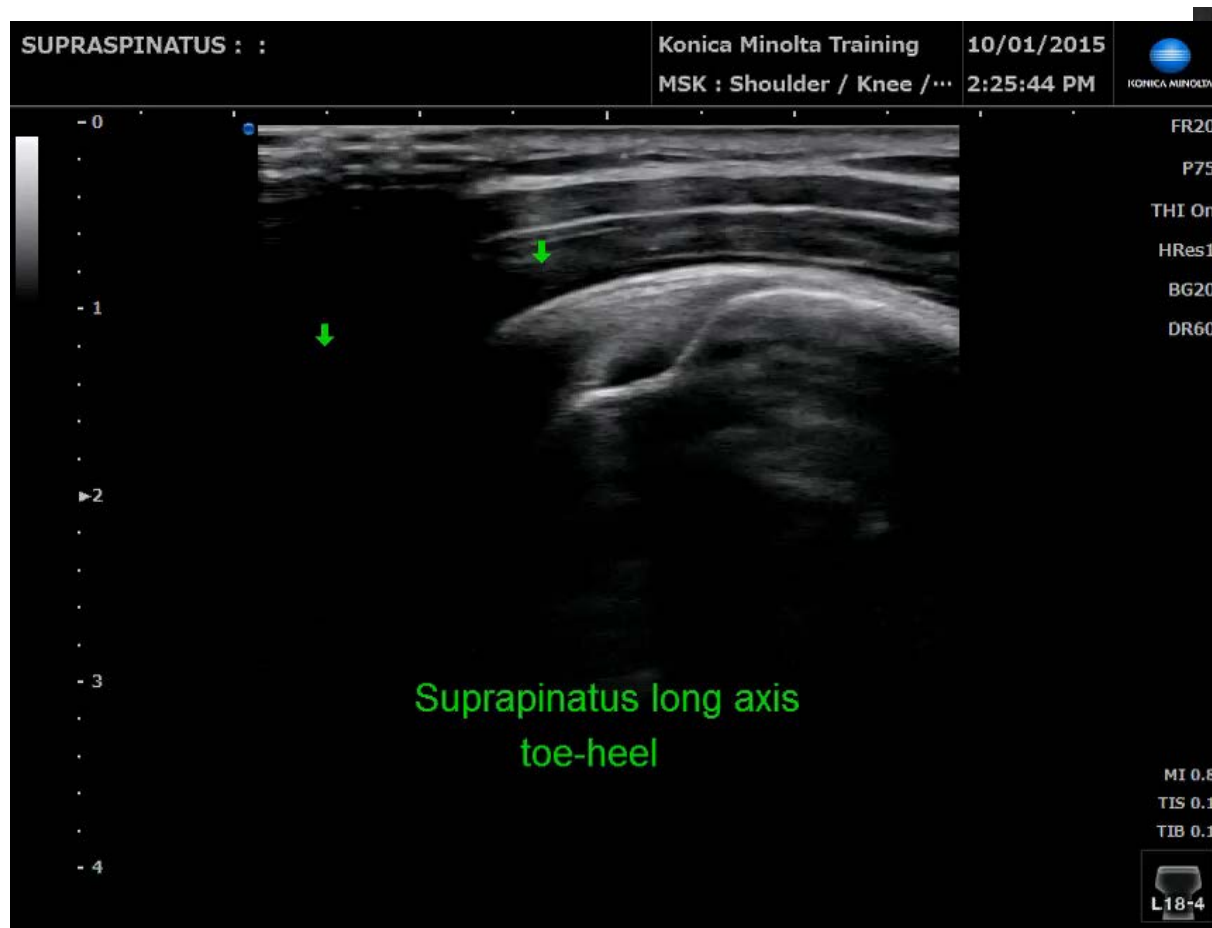
Supraspinatus tendon (short axis) level of the anatomical neck (Footprint)



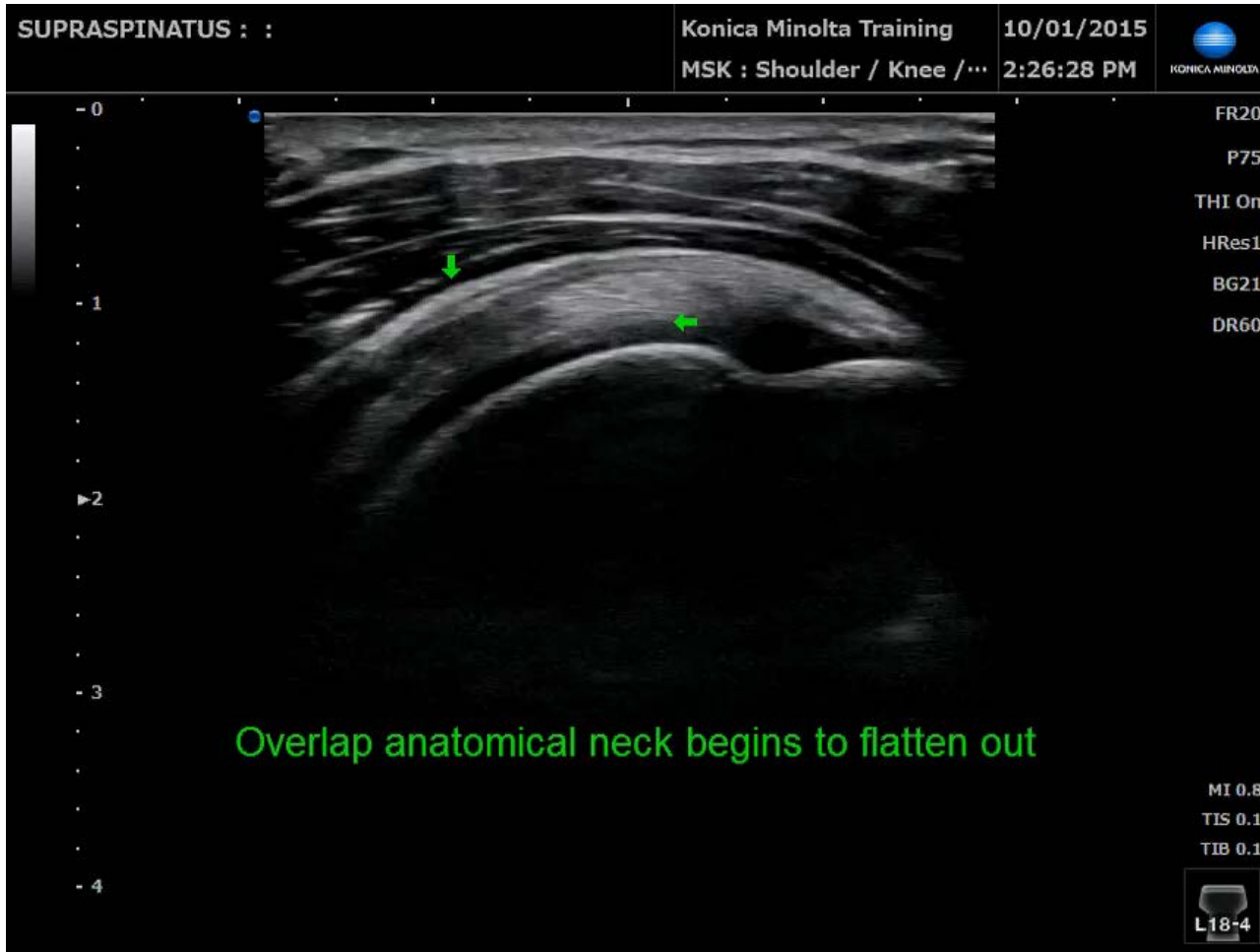
Supraspinatus tendon (long axis) heel-toe to visualize insertional fibers



Supraspinatus tendon (long axis) toe-heel to visualize proximal fibers



Infraspinatus and Supraspinatus (overlap)



Infraspinatus tendon (long axis) externally rotate arm for complete infra-tendon thickness



Posterior labrum Glenohumeral joint fluid



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